

## Mantras to charge (9 malas x 12 days)

### Minor mantras of the five elements

Earth

**Om prithividhatu Bhumideviya**

Om, earth-element of Goddess Earth

Fire

**Om tejasdhatu Agnaya**

Om, fire-element of Goddess Agni

Spirit

**Om akashadhatu Shivaya**

Om, sky-element of Lord Shiva

**Om akashadhatu Avalokiteshwaraya**

Buddhist tradition

**Om akashadhatu BaghavAtmaya**

Christian tradition

Water

**Om apsadhatu Durgaya**

Om, water-element of Mother Divine

**Om apsadhatu Taraya**

Buddhist tradition

**Om apsadhatu Mariaya**

Christian tradition

Air

**Om vayudhatu Hanumantaya**

Om, air-element of the son of Hanuman

**Om vayudhatu Bodhicittaya**

Buddhist tradition

**Om vayudhatu CittAmalaya**

Christian tradition

buddhist tradition

### Introduction mantras

### First mantra of Atma Yoga

Peace mantra

I am not the body, I am the Soul

**Om Shanti Shanti Shanti**

**Ma dehane me atma OM**

Compassion mantra

First mantra of Immortality process

**Om Mani Padme Hum**

Long life, mantras of 3 living forces

**NI NA RA RA HUM RA**

3 suns mantra

All mantras found on this page are to be

**Om Vajra Agni**

charged using a mala, or your fingers, to count.

Direct initiation from the master will provide great efficiency, but a qualified teacher can also transmit to you the wisdom.