

Mantras to charge (9 malas x 12 days)

Minor mantras of the five elements

Earth

Om prithividhatu Bhumideviya

Om, earth-element of Goddess Earth

Fire

Om tejasdhatu Agnaya

Om, fire-element of Goddess Agni

Spirit

Om akashadhatu Shivaya

Om, sky-element of Lord Shiva

Om akashadhatu Avalokiteshwaraya

Buddhist tradition

Om akashadhatu BaghavAtmaya

Christian tradition

Water

Om apsadhatu Durgaya

Om, water-element of Mother Divine

Om apsadhatu Taraya

Buddhist tradition

Om apsadhatu Mariaya

Christian tradition

Air

Om vayudhatu Hanumantaya

Om, air-element of the son of Hanuman

Om vayudhatu Bodhicittaya

Buddhist tradition

Om vayudhatu CittAmalaya

Christian tradition

buddhist tradition

Introduction mantras

First mantra of Atma Yoga

Peace mantra

I am not the body, I am the Soul

Om Shanti Shanti Shanti

Ma dehane me atma OM

Compassion mantra

First mantra of Immortality process

Om Mani Padme Hum

Long life, mantras of 3 living forces

NI NA RA RA HUM RA

3 suns mantra

Om Vajra Agni

All mantras found on this page are to be

charged using a mala, or your fingers, to count.

Direct initiation from the master will provide

great efficiency, but a qualified teacher can also

transmit to you the wisdom.